

SEPTEMBER ACTIVITIES

PS/PP

Assembly- Grandparents' Day

Grandparents are a symbol of unconditional love and support. They not only pamper us but also shower us with their blessings all the time. The moments spent with them are priceless. A special assembly was conducted to celebrate and pay respect to the grandparents on the occasion of Grandparents' Day. Children made attractive photo frames for their grandparents and thoroughly enjoyed the activity. They also learnt how important our grandparents are to us.



Assembly- Healthy Body and Healthy Mind

A healthy body paves way for a healthy mind. Green leafy vegetables and fruits are very important for our health. Milk products, eggs, pulses, wheat etc. are also equally important for our health. To inculcate the habit of healthy eating, a special assembly was conducted for our tiny tots where they were shown an interesting story emphasizing the need for a balanced diet. Students also learnt about energy giving foods, protective foods and bodybuilding foods. It was a great learning for our young buds.





Teacher's Day

Teachers are our role models. They not only give us knowledge but also help us become good human beings. To emphasize the importance of teachers and thank them for their immense love and care, our kindergarten students made beautiful flower bouquets and cards for their teachers. It was an enjoyable activity for the students.



Salad Party

Eating healthy food not only helps us to fight diseases but also boosts our immune system. It is very important to eat a healthy and nutritious balanced diet. To emphasize the importance of eating green leafy vegetables, a Salad Party was organised for our kindergarten students. Students enjoyed preparing a delicious salad and relished eating it too. This activity helped students to understand the importance of healthy food for a healthy human body.



Fruit Cream

Learning happens effectively if an element of fun is added to it. It was experienced when the students of kindergarten learnt to prepare the delicious fruit cream. This activity was conducted to inculcate in the students the habit of eating a variety of fruits. It also gave them a sense of accomplishment when they prepared it themselves.





Virtual Tour of a Vegetable Market

Green leafy vegetables not only give us necessary nutrients but also protect us from diseases. To emphasize the importance of eating vegetables, a virtual tour of green fields and vegetable markets was organised for our kindergarten students. The students not only learnt the names of many vegetables but also became aware of their usefulness.



Virtual Tour of an Apple Orchard

Fruits have a variety of nutrients. They help us grow and recover. To inculcate the habit of eating fruits in our kindergarten students, we conducted a virtual tour of an Apple orchard. Students not only enjoyed a wagon ride on the farm but also learnt about different varieties of apples.

