



Report on Assembly [Classes IV-VII]

SIMPLE LIVING HIGH THINKING

Simple
living
high
thinking



Ways of
Simple
living
High
thinking

Anshika
Agarwal
5B Roll
no 6
PIC-COLLAGE

FOUR WAYS TO MAKE OUR LIFE HAPPIER AND EASIER

We Should
be Contented With
What We have
In Our Life.

We Should
help others
and do great
deeds in
life.

We
Should never
Compare ourselves
With Others.

We
Should practice
gratitude and
be What We
Owe.

सादा जीवन उच्च विचार,
यही है जीवन का मूल आधार,
जिसने इस मंत्र को अपनाया,
भविष्य अपना उज्ज्वल बनाया।



Less simply than simple may simply live - Gandhi



अपने लिए तो जीवन सभी जीते हैं, परंतु दूसरों के लिए जीवन - जीना एक अलग ही अनुभूति प्रदान करता है।



साई इतना दीजिये, जामे कुटुम समाया मैं भी भूखा न रहूँ, साधु न भूखा जाए।
संत कबीर

13°C 10:44 AM 12/14/2021






08:41

Simple Living High Thinking classwork 7 (2) - Presentation

MONICA MATHUR

1 All great saints like Guru Nanak Dev ji, Mahatma Gandhi, Buddha etc., who attained spiritual greatness and shook the world with their intellectual attainments are examples of this principle. They have inspired thousands of people by their teachings. They lived a simple life, sleeping few hours, eating only enough to satisfy hunger and not the taste buds, inspiring people in their journey of life.

2 The more you have, the more occupied you are. The less you have, the freer you are - Mother Teresa.

MONICA MATHUR

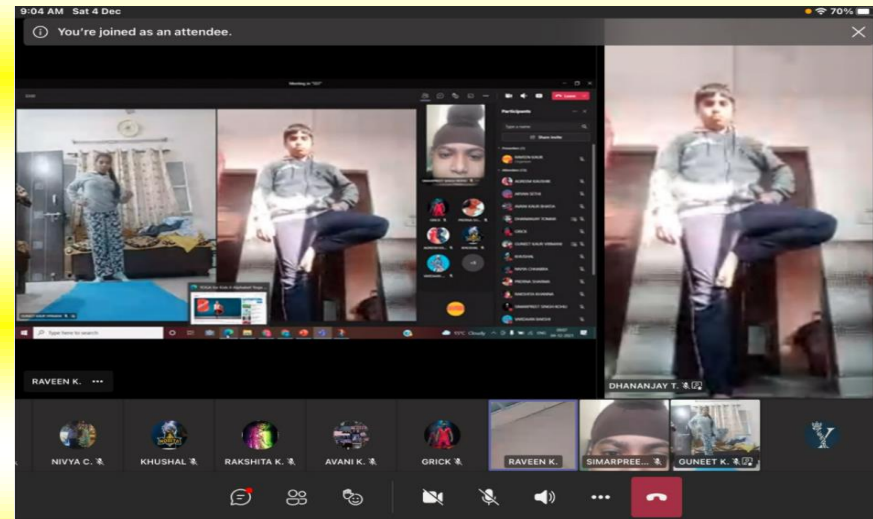
“The ability to simplify means to eliminate the unnecessary so that the necessary may speak.”

~ Hans Hofmann

It is the thinking that makes us rich and not the wealth we possess.

Simplicity is the best way to live a balanced life. We need to understand the significance of simple living. Great men of the world have always preached that simple living and high thinking should be the golden principle of life. All great saints like Mahatma Gandhi, Guru Nanak and Buddha attained spiritual greatness and shook the world by their intellectual thinking are examples of this principle. He who believes in simple living creates problems neither for himself nor for others. One who engages in high thinking becomes a truly selfless person. It reduces anxieties and negative thoughts. Simple living means according to your limited needs and not according to your unlimited greed.

Assembly on 'Simple living high thinking' was conducted for the students of classes IV-VII on 4 Dec 2021. Students learnt this value not only from motivational stories about the lives of great men and women in the past but also from successful people who lead a surprisingly simple life in the present time. Students enjoyed doing different activities related to the theme.



7C CTP@8:30am.&Life Skill@9:20am.on4-12-21

00:19

Request control

Leave

MM MEDHANS...

Kaun iane gun tere Kaun iane gun tere

8:47 AM Sat 4 Dec

You're joined as an attendee.

Ways To Achieve Simple Living And High Thinking

- Being Content With What You Have In Life
- Stop The Habit Of Comparing Yourself
- Stop Showing Off And Be Who You Are
- Don't Run After Perfection
- Start Being Intentional With Your Purchases
- Start Believe In Giving Others
- Let Go Of Grudges

8:48 AM Sat 4 Dec

You're joined as an attendee.

Picture Styles

9

10

11

12

13

14

Click to add notes

RAVEEN K...

VARDAAN B...

AVANI K...

ARYAN S...

RAKSHITA K...

GUNEET K...

KHUSHAL...

RAVEEN K...

SIMARPR...

Successful People Who Lead A Surprisingly Simple Life

Mark Zuckerberg was spotted eating at a McDonalds with his wife. He wears the same kind of t-shirt and jeans every day.

He also has a desk among his employees. There is no corner office overlooking the skyline of the city.

He also made the headlines when he decided to donate 99% of his Facebook shares to charity.

Narayan Murthy, the founder of Infosys still doesn't know how to drive a car and is driven around by his wife. He used to take the company bus to his office with his employees every day.

After the notorious Veerappan had kidnapped a few high-profile people, the Karnataka government had offered to give him Z plus security - which he duly refused. The reason? He didn't want to cause traffic jams on the road due to the state security cars.

7C CTP@8:30am.&Life Skill@9:20am.on4-12-21

08:48

Request control

Leave

AA ARYAN AG...

10

Show desktop

Simple Living High Thinking

SIMPLE LIVING HIGH THINKING

WAYS TO MAKE OUR LIFE
SIMPLER AND HAPPIER...

BE GRATEFUL
BE HAPPY WITH WHAT YOU HAVE
DO YOUR WORK ON YOUR OWN
BE HELPFUL
DON'T BE GREEDY
DON'T BE LAZY
DON'T BE ENVY

BY: YASHNA GANDHI, 5B, 45

Yashna Gandhi
5B, 45



Way
Sim
living
High
think
Anshil
Agarw
5B Ro
no 6
PIC-COLL



By Diva Kuma
roll no 11
Photo

