

Community Visit to old age home Vadde Vadere

“It’s not how much we give, but how much love we put into giving.”

- Mother Teresa

On July 16, 2024, students and parents from Jaspal Kaur Public School embarked on a meaningful visit to the **Vadde Vadere Old Age Home** with teacher coordinator, Ms. Shruti Sethi, marking a compassionate initiative aimed at connecting with and supporting the elderly residents, fostering empathy, and understanding among students towards the elderly population. **The visit underscored JKPS’s commitment to holistic education and community engagement, contributing to the Sustainable Development Goals (SDGs) by promoting social inclusion and well-being.**

Upon arrival, students warmly interacted with the residents. They engaged in conversations, learning about the residents’ life experiences and challenges. These interactions were gestures of companionship and gave students with valuable insights into aging and the importance of respect and care for the elderly.



The visit left a profound impact on both students and residents. It sensitized them to the needs of the elderly and instilled in them a sense of responsibility towards caring for senior citizens in their community. The interaction enriched the students’ understanding of aging and emphasized the importance of empathy and respect for the elderly.



For the residents, the visit provided companionship and moments of happiness, fostering a sense of belonging and appreciation for the young visitors' thoughtful gestures. **The visit also contributed to the emotional well-being of the residents, aligning with SDG 3 by promoting mental health and well-being.**



The visit to Vadde Vadere Old Age Home by students of **Jaspal Kaur Public School** exemplified the school's commitment to holistic education and community engagement. It not only enriched the lives of the elderly residents but also contributed to the student's personal growth by nurturing empathy and compassion. **Such initiatives underscore the school's role in cultivating socially responsible individuals who contribute to creating a caring and inclusive society.**