

RISE Thought Exchange Festival Global Citizenship and Neuroscience in Education

Day 1: 17 November 2023

Participants:

- Ms. Shivani Khurana (Teacher)
- Ms. Preeti Khanna (Teacher)
- Bhargavi (VIII)
- Jagrit (VIII)

The first day of the RISE focused on Sustainable Development Goals and how students can become global citizens. It raised awareness about the importance of SDGs in achieving global sustainability and provided insights into effective strategies for integrating SDGs across various educational levels. It also fostered collaboration among educators to develop innovative curriculum approaches aligned with SDG principles using various activities. The workshop was conducted by **Renuka Rautela, Program Officer at UNESCO MGIEP.**

There was a separate workshop for the students in which they got the chance to make French cuisine and learn about the techniques for classic dishes under expert guidance with hands-on experience which made it a gastronomic adventure. Students also participated in the Poster Making Competition on the theme ‘What does culture and heritage mean to you?’



Day 2: 18 November 2023

Participants:

- Ms. Sheetal Dewan (Counselor)
- Ms. Neena Arora (Teacher)
- Reyanshi (V)
- Shivansh (III)

The second day of the RISE Thought Exchange Festival focused on the theory of mind in education, the importance of mastering different languages, and various pedagogies to effectively teach foreign languages. The workshop was conducted by **Ms. Nandani Chatterly and Dr. Patrick Mitchell.**

Nandani Chatterly and Dr Patrick Mitchell presented an enlightening session on the theory of mind in education. The workshop explored the concept of understanding and attributing mental states to ourselves and others, and how it plays a crucial role in fostering empathy, communication, and effective learning in students. The session provided practical techniques for educators to cultivate theory of mind skills in the classroom. They emphasized the significant role of learning multiple languages in the overall development of individuals. He shed light on how learning different languages enhances cognitive abilities, problem-solving

skills, intercultural understanding, and communication. The workshop showcased various strategies to teach languages effectively, ensuring a holistic approach to language learning.



Storytelling Workshop:

In addition to the above workshops, two students, Reyanshi and Shivam, attended a storytelling workshop. This session aimed to enhance their creative and expressive abilities through the art of storytelling. The workshop provided them with a platform to explore different narrative techniques, improve their communication skills, and boost their confidence in public speaking.

Overall, the festival provided valuable insights and tools that will undoubtedly benefit the participants and their educational practices.



Day 3: 19 November 2023

Participants:

- Ms. Sonia Verma (Teacher)
- Ms. Natasha Chopra (Teacher)
- Khushi Verma (XI)

The event was centered around the concept of Holistic Education and Neurosciences in alignment with the United Nations' Sustainable Development Goals (SDGs).

An insightful workshop on Community Education in Post-Pandemic India was conducted by Ms. Samyukta Subramanian, Ms Caroline Basanti Roubin, and Ms. Bhagya Lakshmi which gave insights on adapting to the new normal. They discussed and explored strategies for mental health, remote work, and community resilience. The workshop ended with valuable discussions that fostered a sense of collective empowerment for navigating challenges post-pandemic.