

## Webinar on Say No to Drugs

An enlightening webinar focusing on the crucial theme of "Understanding Substance Abuse and Drug Addiction" was conducted for the students on July 31, 2023, and August 1, 2023. This empowering event took place in the school auditorium with the primary objective of creating awareness and knowledge among the pupils on this pressing issue.

The webinar featured Mrs. Sheetal Dewan, the esteemed school counselor, as the key speaker. With great emphasis, she delved into the critical subject of drug addiction and its associated risks. She defined addiction as a perilous craving for substances that inflict harmful consequences on the user. The session shed light on the profound impact of any intoxicant on not just physical health but also mental and emotional well-being.

Moreover, the students were enlightened about alcoholism, a severe psychiatric condition characterized by an individual's persistent refusal to cease drinking, despite the evident or potential adverse consequences. The webinar's concluding segment focused on educating young minds about the powerful influence of media and its impact on perceptions and behaviours.

