

A Study on Motivation and Goal Setting

‘True Success is all about working towards meaningful goals and dreams’

A study on ‘Motivation and Goal Setting’ was held on 23 March 2023 for the students of classes X and XII by the School Counsellor, Ms. Sheetal Dewan.

The speaker highlighted on the importance of self-awareness, self-evaluation, effective planning, time management, and techniques. She also gave tips on how to stop procrastination and staying organized.

The speaker also talked about the importance of knowing our strengths, critical thinking, decision-making, and hard work in planning a career. Overall, it was an interesting and informative session.

