

FORTIS INTERNSHIP 2023

“Tell me and I forget, teach me and I may remember, involve me and I learn.”

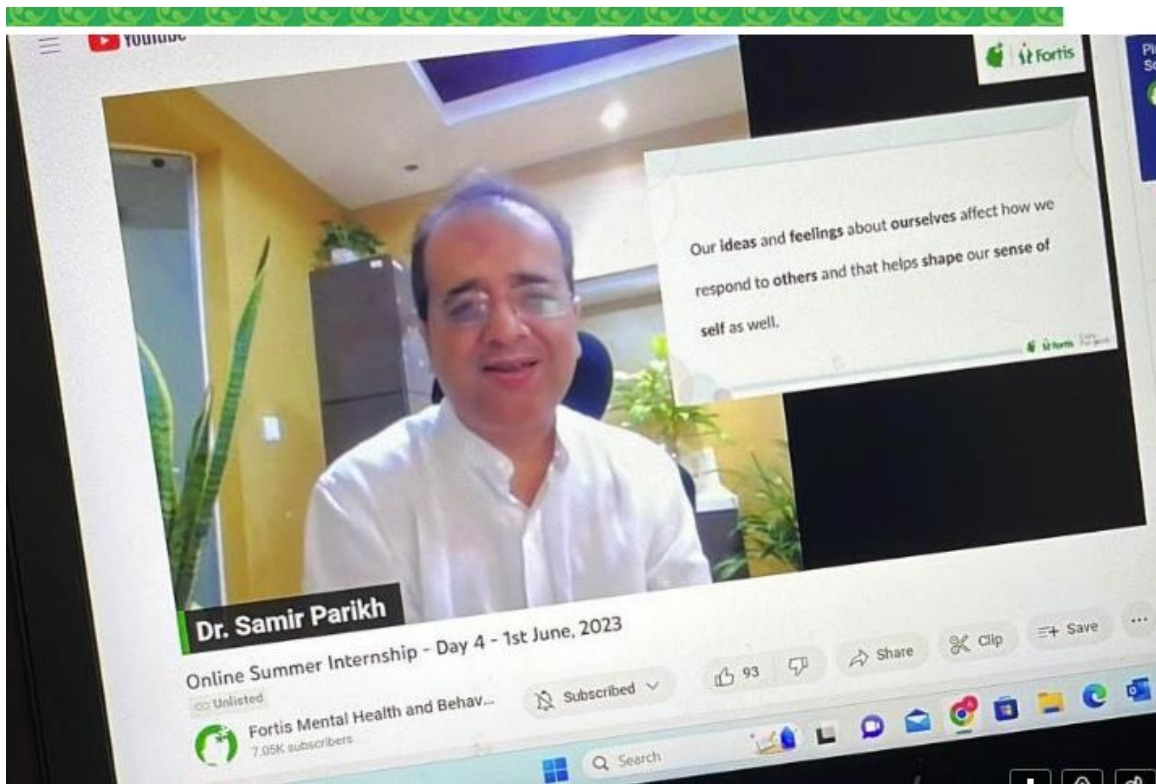
– Benjamin Franklin

In today's fast-forward competitive world, where people don't even get time to pay attention to how they breathe, or how they are feeling, this negligence finally culminates into myriad mental problems, for this morose situation psychology emanates as a ray of hope. It serves as a last resort for every individual who is feeling throttled in this infinite world.

To help the increasing number of these individuals, we also require specialized psychologists. To combat this issue of rising demand of psychologists, **Fortis hospital** took the initiative to kindle the nascent psychologists by bestowing them with an odyssey of 6 days virtual internship for the students of class XI and XII (29 May-3 June 2023) where, **Dr. Samir Parekh** taught the students about myriad topics related to specialized psychology. The psychology students of JKPS gave an overwhelming response to this initiative and participated whole-heartedly.

On Day 1, the students were briefed about psychological interviewing primarily focusing upon the therapeutic approach. On the following days, the students got acquainted with a wide spectrum of mental disorders, scope and application of psychology, comprehending the concept of self in the social world and community mental health. We as budding psychologists learnt a lot in this lustrous 6 days programme.

We are obliged to the school authorities for providing us this golden opportunity and now we look forward to bringing an optimistic change in this universe.





**Department of Mental Health and Behavioural
Sciences,
Fortis Healthcare Limited**
certifies

PalakGoel

participated in a 6-day (one hour per day) online internship program
'Psychology for School Students', held in May-June 2023.



Dr. Samir Parikh
Director
Fortis National Mental Health Program
Fortis Healthcare Limited



**Department of Mental Health and Behavioural
Sciences,
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PrabhpreetSingh

participated in a 6-day (one hour per day) online internship program
'Psychology for School Students', held in May-June 2023.


Dr. Samir Parikh
Director
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