

Workshop Report

Problem-solving and Decision-making

JKPS organized a workshop for primary graders on October 3, 2023, which centered around the idea that "Every problem is a gift." This workshop aimed to cultivate problem-solving and decision-making skills in young minds, fostering their personal growth and development.



Problem-solving and decision-making are two fundamental skills that shape our daily lives. They are the cornerstones of success in both personal and professional realms. Therefore, it becomes very important to hone these skills.

Problem solving starts with identifying the problem, gathering information, and generating potential solutions. It is about critical thinking, creativity, and adaptability.

Decision-making is closely intertwined with problem-solving. It requires evaluating the options, considering consequences, and making a choice that aligns with our goals and values.

To enhance these skills, we can adopt several strategies. First is the SODAS technique. SODAS stands for SITUATION, OPTIONS, DISADVANTAGES, ADVANTAGES, and SOLUTION. This means we first need to analyse the situation, explore all the options associated with it, identify advantages and disadvantages, and then try to find out the solution. Second is embracing a growth mindset, where we see challenges as opportunities for growth rather than obstacles. Third is seeking input from others. Collaboration and diverse perspectives can lead to better problem-solving and decision-making outcomes.





In conclusion, problem-solving and decision-making are crucial skills that shape our lives. They require critical thinking, adaptability, and a strategic approach. By honing these skills, we can navigate life's challenges, achieve our goals, and lead more fulfilling lives.