

Report on National Adolescent Summit

JKPS actively engaged in the National Adolescent Summit on Life Skills and Mental Health, a prestigious event organized by CBSE. Held at National BAL Bhavan from December 19 to December 21, 2023, the summit was conducted in collaboration with Expression India - The Life Skills & National School Mental Health Program. The primary objective of this significant gathering was to offer a nationwide platform for students from various parts of India to demonstrate and showcase their life skills.

The event witnessed participation from more than 500 schools across India, with over 900 students showcasing their talents.

During the summit, Jaskirat, a student from Class IX A, received an award for Exemplary performance in the thematic painting competition. His artistic skills and creativity were highly appreciated by the judges. Additionally, Riana, a student from Class XI, was honoured with the Special Jury Award in the Young Orators' Championship. She impressed the audience and judges with her exceptional oratory skills.

Our school counsellor, Ms. Sheetal Dewan also attended sessions on topics such as Stress Management, Communication Skills, Emotional well-being, and Building resilience. These sessions were conducted by renowned experts in the field of mental health and psychology, providing valuable insights and strategies for students to cope with the challenges of adolescence. The summit was an enriching experience for all the students who participated.



